

# STELARA (ustekinumab)

## PATIENT INFORMATION

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Status:  New to therapy  Continuing  Next Due Date (if applicable)

## PROVIDER INFORMATION

Provider Name: \_\_\_\_\_ Provider NPI: \_\_\_\_\_  
 Practice Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Practice Name: \_\_\_\_\_  
 Practice Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Contact Person: \_\_\_\_\_

## MEDICAL INFORMATION

Patient Weight: \_\_\_\_\_ Patient Height: \_\_\_\_\_ ICD-10 Code (required): \_\_\_\_\_ ICD-10 Description: \_\_\_\_\_  
 Known Allergies: \_\_\_\_\_

### Required Labs:

## DETAILS NEEDED FOR AUTHORIZATION

• Proof of patient being concurrently treated with any other biologic: \_\_\_\_\_

## STELARA (ustekinumab) ORDERS

### Plaque Psoriasis

- Patients weighing <100kg (220lb), 45mg SubQ initially, and 4 weeks later followed by 45mg every 12 weeks.
- Patients weighing >100kg (220lb), 90mg SubQ initially, and 4 weeks later followed by 90mg every 12 weeks.

### Crohn's Disease:

- <55kg (121lb) 260mg IV over 1 hour

- 55kg to 85kg (121lb - 187lb) 390mg IV over 1 hour
- > 85kg (121lb - 187lb) 520mg IV over 1 hour

### Maintenance Dose:

- 90mg SQ 8 weeks after initial dose and then every 8 weeks for a year.

### Additional Orders/Comments:

## ADULT RESCUE MANAGEMENT PROTOCOL

*These include fever, chills, rigors, headache, rash, itching, swelling, edema, nausea, vomiting, abdominal pain, hypotension, and respiratory distress.*

- Following standing reaction orders, including diphenhydramine, methylprednisolone, albuterol, and oxygen as needed.
- For severe reactions, administer Epi-pen or equivalent and call 911. Repeat if severe symptoms persist.

## REQUIRED STANDARD DOCUMENTATION NEEDED

- Patient demographics
- Patient medical insurance card, copied front and back
- Patient pharmacy card, copied front and back (if they have one)

- Most recent chart notes and if available, last history and physical. All relevant scans, tests and laboratory results.
- If new medication for patient, chart notes which include decision to begin treatment. If not, provide last treatment date.

## PROVIDER AUTHORIZATION

Provider's Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_